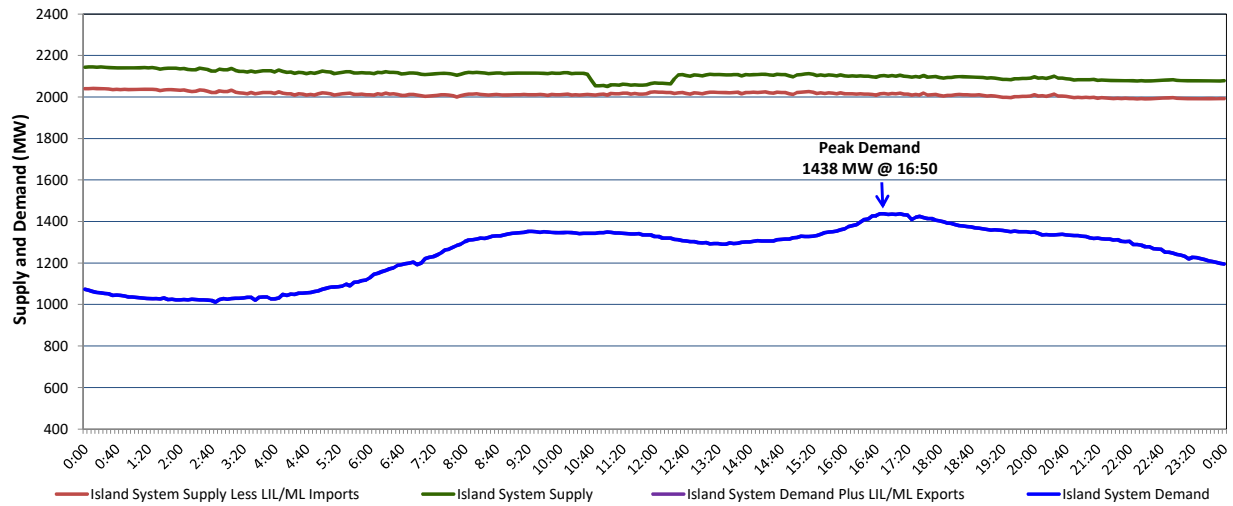


**Newfoundland Labrador Hydro (NLH)  
Supply and Demand Status Report Filed Friday, December 28, 2018**

**Section 1  
Island Interconnected System Supply, Demand & Exports  
Actual 24 Hour System Performance For Monday, December 24, 2018**



**Supply Notes For December 24, 2018**

<sup>1,2</sup>

A As of 1615 hours, December 19, 2018, Holyrood Unit 1 available at 162 MW (170 MW).

**Section 2  
Island Interconnected Supply and Demand**

Tue, Dec 25, 2018	Island System Outlook <sup>3</sup>	Seven-Day Forecast	Temperature (°C)		Island System Daily Peak Demand (MW)	
			Morning	Evening	Forecast	Adjusted <sup>7</sup>
Available Island System Supply: <sup>5</sup>	2,105 MW	Tuesday, December 25, 2018	-6	-4	1,495	1,392
NLH Island Generation: <sup>4</sup>	1,685 MW	Wednesday, December 26, 2018	-6	-6	1,505	1,402
NLH Island Power Purchases: <sup>6</sup>	125 MW	Thursday, December 27, 2018	-8	-6	1,570	1,466
Other Island Generation:	205 MW	Friday, December 28, 2018	-9	-8	1,570	1,466
ML/LIL Imports:	90 MW	Saturday, December 29, 2018	-4	2	1,450	1,347
Current St. John's Temperature & Windchill:	-5      -9 °C	Sunday, December 30, 2018	-1	-7	1,555	1,451
7-Day Island Peak Demand Forecast:	1,650 MW	Monday, December 31, 2018	-8	-7	1,650	1,545

**Supply Notes For December 25, 2018**

<sup>3</sup>

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. The power system operators schedule outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
  2. Due to the Island system having no synchronous connections to the larger North American grid, when there is a sudden loss of large generating units there may be a requirement for some customer's load to be interrupted for short periods to bring generation output equal to customer demand. This automatic action of power system protection, referred to as under frequency load shedding (UFLS), is necessary to ensure the integrity and reliability of system equipment. Under frequency events have typically occurred 5 to 8 times per year on the Island Interconnected System and the resultant customer load interruptions are generally less than 30 minutes. With the activation of the Maritime Link frequency controller during the winter of 2018, UFLS events have occurred less frequently.
  3. As of 0800 Hours.
  4. Gross output including station service at Holyrood (24.5 MW) and improved NLH hydraulic output due to water levels (35 MW).
  5. Gross output from all Island sources (including Note 4).
  6. NLH Island Power Purchases include: CBPP Co-Gen, Nalcor Exploits, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
  7. Adjusted for curtailable load, market activities and the impact of voltage reduction when applicable.

**Section 3  
Island Peak Demand Information  
Previous Day Actual Peak and Current Day Forecast Peak**

Mon, Dec 24, 2018	Actual Island Peak Demand <sup>8</sup>	16:50	1,438 MW
Tue, Dec 25, 2018	Forecast Island Peak Demand		1,495 MW

Notes: 8. Island Demand / LIL / ML Exports (where applicable) is supplied by NLH generation and purchases, plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).