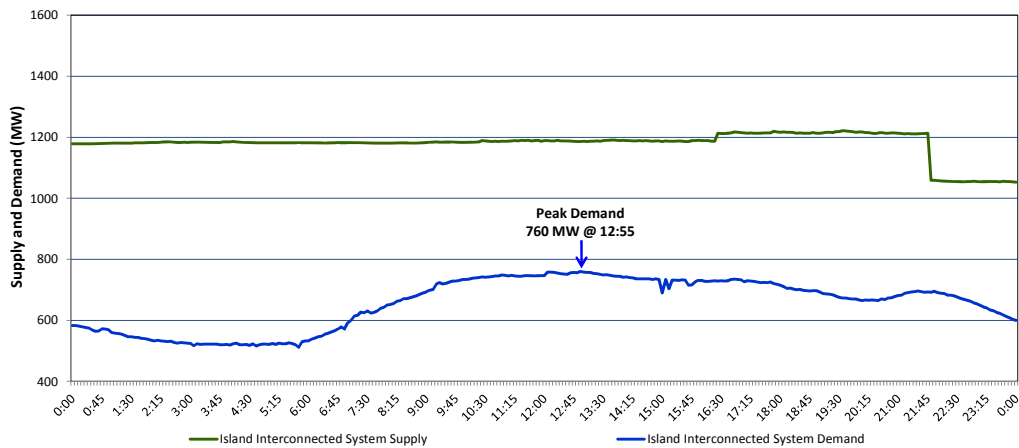


Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Monday, August 01, 2016

Section 1
Island Interconnected System Supply and Demand
Actual 24 Hour System Performance For Friday, July 29, 2016



Supply Notes For July 29, 2016

A	As of 1956 hours, January 14, 2016, Nalcor Exploits Grand Falls Unit 7 unavailable. No net impact to the Island Interconnected System.
B	As of 1526 hours, March 26, 2016, Stephenville Gas Turbine End A unavailable (25 MW).
C	As of 1029 hours, April 15, 2016, Holyrood Unit 3 unavailable (150 MW).
D	As of 0822 hours, June 05, 2016, Bay d'Espoir Unit 3 unavailable (76.5 MW).
E	As of 0822 hours, June 05, 2016, Bay d'Espoir Unit 4 unavailable (76.5 MW).
F	As of 1425 hours, June 16, 2016, Holyrood Unit 2 unavailable. Previously derated to 120 MW (170 MW).
G	As of 0833 hours, June 30, 2016, Bay d'Espoir Unit 7 unavailable (154.4 MW).
H	As of 0846 hours, July 12, 2016, St. Anthony Diesel Plant G6 (unit 544) unavailable (2 MW).
I	As of 1316 hours, July 15, 2016, Nalcor Exploits Grand Falls Unit 4 unavailable. Net impact to the Island Interconnected System is 7 MW.
J	As of 1610 hours, July 16, 2016, Holyrood Unit 1 derated to 120 MW (170 MW).
K	As of 1125 hours, July 18, 2016, Hardwoods Turbine unavailable. Previously derated to 38 MW (50 MW).
L	At 0658 hours, July 29, 2016, St. Anthony Diesel Plant unavailable. Previously derated to 7.7 MW (9.7 MW).
M	At 0727 hours, July 29, 2016, St. Anthony Diesel Plant available, derated to 7.7 MW (9.7 MW).
N	At 1009 hours, July 29, 2016, St. Anthony Diesel Plant unavailable. Previously derated to 7.7 MW (9.7 MW).
O	At 1014 hours, July 29, 2016, St. Anthony Diesel Plant available, derated to 7.7 MW (9.7 MW).
P	At 1622 hours, July 29, 2016, Stephenville Gas Turbine End B available (25 MW).
Q	At 2147 hours, July 29, 2016, Bay d'Espoir Unit 5 unavailable (76.5 MW).
R	At 2147 hours, July 29, 2016, Bay d'Espoir Unit 6 unavailable (76.5 MW).

Section 2
Island Interconnected Supply and Demand

Sat, Jul 30, 2016		Island System Outlook ³		Seven-Day Forecast		Temperature (°C)		Island System Daily Peak Demand (MW)	
						Morning	Evening	Forecast	
Available Island System Supply: ⁵		1,210	MW	Saturday, July 30, 2016		21	20	730	
NLH Generation: ⁴		940	MW	Sunday, July 31, 2016		16	17	740	
NLH Power Purchases: ⁶		95	MW	Monday, August 01, 2016		17	15	775	
Other Island Generation:		175	MW	Tuesday, August 02, 2016		13	12	775	
Current St. John's Temperature:		19	°C	Wednesday, August 03, 2016		11	10	810	
Current St. John's Windchill:		N/A	°C	Thursday, August 04, 2016		11	13	790	
7-Day Island Peak Demand Forecast:		810	MW	Friday, August 05, 2016		18	17	780	

Supply Notes For July 30, 2016

S	At 0202 hours, July 30, 2016, Bay d'Espoir Unit 5 available (76.5 MW).
T	At 0202 hours, July 30, 2016, Bay d'Espoir Unit 6 available (76.5 MW).

- Notes:
- Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. The power system operators schedule outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 - Due to the Island Interconnected System being isolated from the larger North American grid, when there is a sudden loss of large generating units some customer's load must be interrupted for short periods to bring generation output equal to customer demand. This automatic action of power system protection, referred to as under frequency load shedding, is necessary to ensure the integrity and reliability of system equipment. Under frequency events typically occur 5 to 8 times per year on the Island Interconnected System and the resultant customer load interruptions are generally less than 30 minutes.
 - As of 0800 Hours.
 - Gross output including station service at Holyrood (24.5 MW) and improved NLH hydraulic output due to water levels (35 MW).
 - Gross output from all Island sources (including Note 4).
 - NLH Power Purchases include: CBPP Co-Gen, Nalcor Exploits, Rattle Brook, Star Lake, Vale capacity assistance (when applicable), and Wind Generation.

Section 3
Island Peak Demand Information
Previous Day Actual Peak and Current Day Forecast Peak

Fri, Jul 29, 2016	Actual Island Peak Demand ⁸	12:55	760 MW
Sat, Jul 30, 2016	Forecast Island Peak Demand		730 MW

Notes: 8. Island Demand is supplied by NLH generation and purchases, plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).