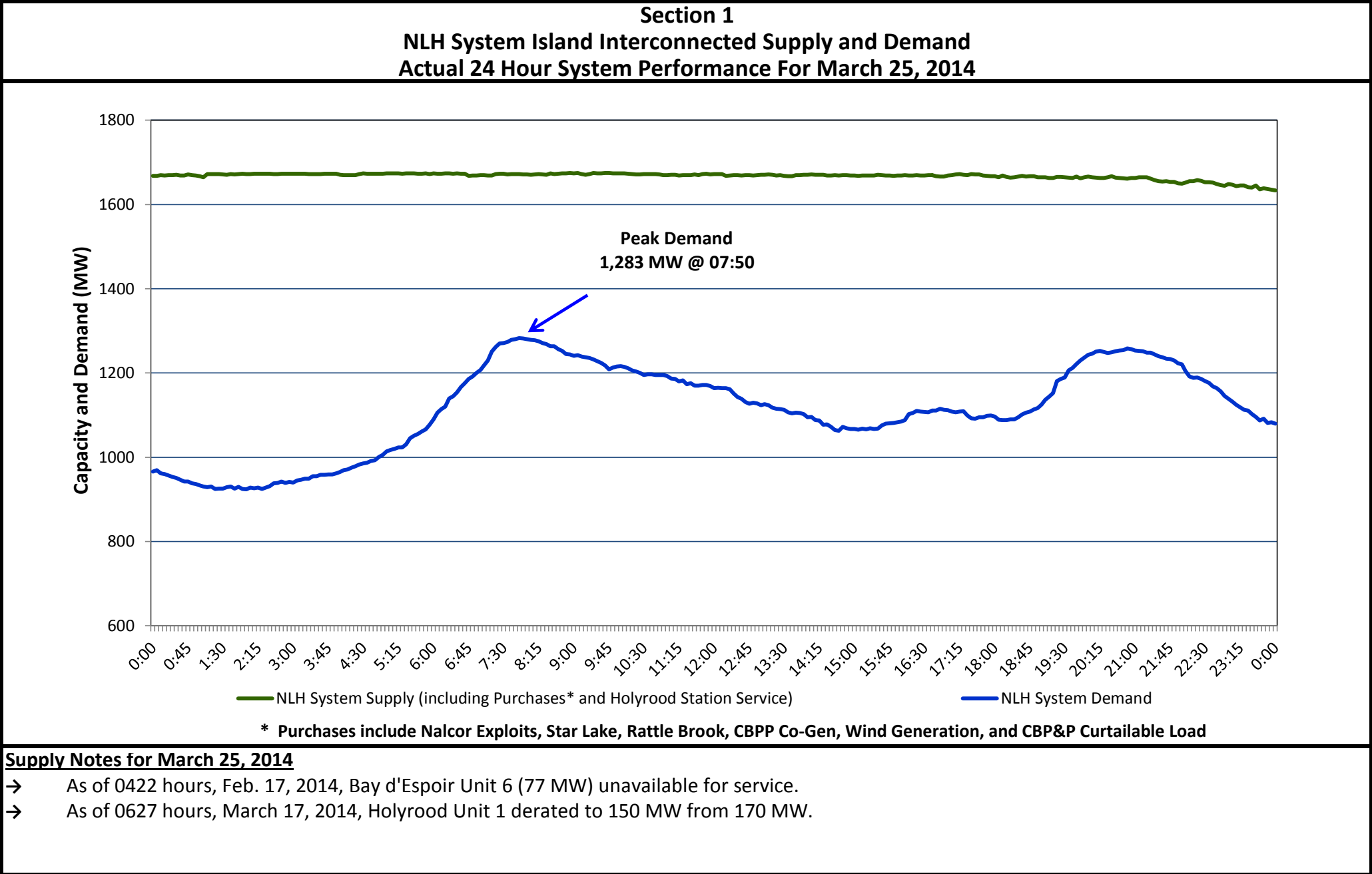


Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed March 26, 2014



Section 2
NLH System Island Interconnected Supply and Demand

March 26, 2014 NLH System Outlook ³			Five-Day Forecast		Temperature (°C)		NLH System Demand (MW)	
					Morning	Evening	Morning	Evening
Available NLH System Supply: ⁴	1,615	MW	Wednesday, March 26, 2014		-11	-4	1,350	1,225
Current St. John's Temperature:	-12	°C	Thursday, March 27, 2014		4	-2	1,100	1,075
Current St. John's Windchill:	-16	°C	Friday, March 28, 2014		-4	-2	1,175	1,100
NLH System Peak Demand Forecast:	1,350	MW	Saturday, March 29, 2014		-5	0	1,100	1,050
			Sunday, March 30, 2014		-4	-3	1,150	1,075

Supply Notes for March 26, 2014³

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Notes:

1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. The power system operators schedule outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
2. Due to the Island Interconnected System being isolated from the larger North American grid, when there is a sudden loss of large generating units some customer's load must be interrupted for short periods to bring generation output equal to customer demand. This automatic action of power system protection, referred to as underfrequency load shedding, is necessary to ensure the integrity and reliability of system equipment. Underfrequency events typically occur 5 to 8 times per year on the Island Interconnected System and the resultant customer load interruptions are generally less than 30 minutes.
3. As of 0800 Hours.
4. Gross output including station service at Holyrood (24.5 MW) and improved hydraulic output due to water levels (35 MW). Includes Nalcor Exploits, Star Lake, Rattle Brook, CBPP Co-Gen, and CBPP Curtailable Load (60 MW). Excludes wind generation.

Section 3
Peak Demand Information
Previous Day Actual Peak and Current Day Forecast Peak

March 25, 2014	Actual NLH System Island Interconnected Peak Demand ¹	07:50	1,283 MW
March 26, 2014	Forecast NLH System Island Interconnected Peak Demand		1,350 MW
March 25, 2014	Actual Total Island Peak Demand ²	07:45	1,461 MW
March 26, 2014	Forecast Total Island Peak Demand		1,550 MW

Notes:

1. NLH System Island Interconnected is supplied by generation owned by NLH as well as NLH Power Purchases as detailed in Section 1 above.
2. Total Island System Demand is supplied by NLH generation and NLH Power Purchases, plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper to meet their respective supply needs.